



STARTING
EARLY
STARTING
SMART

Healthy Minds, Healthy
Behaviors: Promising
Lives Right From the Start

Overall Goal for Training Program

To develop competence in using videotape to strengthen nurturing parent-child relationships.

Overview of Modules



MODULE I: The Parallel Process

- Learn why building nurturing parent-child relationships is so important
- View the first family – the Soto Family
- See how the work is carried out as a parallel process
- Homework: Two Readings

MODULE II: Parallel Partnerships

- Focus on 3 key concepts (mutual competence, parallel partnership, and observation and inquiry)
- Observe the Jenkins-Magarity Family's home video
- Participate in hands-on videotaping laboratory



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Overview of Modules (continued)

MODULE III: Supervision

- Learn how reflective supervision works
- Observe the Jones-Hitch Family's videotape
- Share videotapes made by participants as their homework assignments

MODULE IV: Working With Competent Families

- Focus on what generativity means in this work
- Observe the Galvez Family's videotape
- Final sharing of videotapes made by participants



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Module I Training Goal

To learn how videotaping “shapes the work” of families, home visitors, and supervisors who are engaged in a parallel process to strengthen parent and child relationships.



Module I

Participant Learning Objectives

At the end of this session, participants will be able to

- Explain what is meant by the phrase “parallel process.”
- Describe three strategies for supporting/affirming parent-child interactions.
- Observe and point out mutually competent interactions (on the videotape) between mother and child, home visitor and mother, and supervisor and home visitor.
- Express a motto for doing this work.

Mutual Competence



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Mutual competence is an experience that is enjoyed simultaneously by two or more people. It can be observed in any interchange in which two human beings feel secure, valued, successful, happy, or enjoy learning together. The experience of mutual competence is good for the intellectual, emotional, or spiritual development of both individuals.



Strategies Used on the Video by the Home Visitor (Edie)

- Questions were positive
 - designed to create reflection
- Pointed out things that worked
 - gave specific examples
- Gave positive reinforcement

The Parallel Process



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**Mother
nurtures
child.**



**Home visitor
nurtures mother.**



**Supervisor
nurtures
home visitor.**





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Motto for the Parallel Process

“Do unto others as you would
have others do unto others.”

--Jeree Pawl and St. John